# SACRED HEART ROMAN CATHOLIC CHURCH



Sacred Heart Church 27 Harper Street Stamford, NY 12167 *St. Philip Neri Mission Church 60676 NY-30, Grand Gorge, NY 12474* 



## FEBRUARY 25<sup>™</sup>, 2024 – 2<sup>№</sup> SUNDAY OF LENT

#### RECTORY AND PARISH OFFICE 27 Harper Street

Stamford, NY 12167 (607) 652 – 7170

(TEMPORARY) Office Hours: Tuesday: 9 am – 12 pm; 1 pm – 5 pm Wednesday: 10 am – 12 pm; 1 pm – 4 pm Friday: 1 pm – 4 pm

Visit us: <u>www.sacredheartstamford.org</u> Parish email: SHStamfo@rcda.org

#### SACRAMENT OF BAPTISM

<u>Registration</u>: Parents are asked to register at the Parish Office at least two months before the date of Baptism. <u>Ceremony</u>: Baptisms are celebrated on Saturdays at 4:30 pm.

#### SACRAMENT OF MATRIMONY

Arrangements for weddings should be made at least six months prior to the marriage.

**SACRAMENT OF THE SICK** Please call the Rectory - (607) 652 - 7170

#### SACRAMENT OF RECONCILIATION

SHC in Stamford - Friday @ 11:00 am & Saturday @ 3:30 pm SPN in Grand Gorge - before Sunday Mass Anytime by appointment.

#### **PRIEST:**

*Rev. Paul J. Mijas Emergency ONLY* - (845) 586 – 2665

**SECRETARY:** vacant

**TRUSTEES:** Mrs. Carole Trotta Mr. Al Martel

**FAITH FORMATION DIRECTOR:** *Mrs. Joanne McLaughlin - (607)437-4923* 

MUSIC MINISTRY: Mrs. Edie Mesick / SPN - ediemesick@aol.com

Mrs. Marlena Nickerson / SPN - marlena.nickerson@yahoo.com FOOD PANTRY:

Mrs. Demetra Alberti - (607) 435-0705

#### MASS SCHEDULE

<u>Weekend Masses:</u> Saturday 4:30 pm – Sacred Heart Church Sunday 8:00 am – St. Philip Neri Mission Church

Weekday Masses at Sacred Heart Church:

Wednesday @ 9:00 am & Friday @ 12:00 pm Adoration of the Blessed Sacrament:

Fridays @ 11:00 am & First Saturday of the month @ 9:00 am

#### SACRED HEART PARISH MISSION STATEMENT

Our mission is to become an evangelizing community of Christian disciples by growing in our personal relationship with Jesus, by deepening our understanding, enthusiasm and love for the Catholic faith, by increasing our confidence and courage to share the faith with others, and by faithfully living the Gospel in the world.

#### SACRED HEART PARISH Sacred Heart Church/Stamford & St. Philip Neri Church/Grand Gorge

#### Welcome To Our Parish

We are happy that you have joined us today and want you to know that you are always welcome here. If you're new to the area either as a permanent, seasonal, or weekend resident, or even just visiting, we invite you to participate in any of our parish activities or ministries. There is a ministry booklet on our website, and activities are regularly publicized in our bulletin and posted in our churches. We all have unique and valuable gifts and talents with which we can serve God and each other. Welcome!





#### Rectory with yours!



## MASS ATTENDANCE FOR LAST SUNDAYStamford: 51Grand Gorge: 50





#### SECOND COLLECTION, MARCH 10, CATHOLIC RELIEF SERVICES ANNUAL APPEAL

If you would like to receive envelopes for your weekly contribution to our Parish please let us know: (607) 652-7170. Thank you!

#### The Food Pantry at Sacred Heart Church

Donations of any non-perishable food are greatly appreciated and can be left in the vestibule of the church.

> If you have any question, call Demetra Alberti @ 607-435-0705

LECTOR SCHEDULE		
DATE	STAMFORD	GRAND GORGE
Feb. 24/25	P. Wenner	DeJoy
March 2/3	Cannon	Svoboda
EM SCHEDULE		
Feb. 24/25	Dengler	Martel
March 2/3	Carroll	Laban

Readings for Next Sunday: Ex 20:1-17 | Ps 19:8-11 | 1 Cor 1:22-25 | J 4:5-42

## MOST SACRED HEART OF JESUS, HAVE MERCY ON US...



Mary Jane Butler Barbara Kersnan Jenny (Hults) Marin **Brian** Pare Joe Stock Hank Szypulski Mary Tubiolo

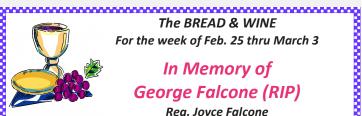
Lou DeSimone Michael Manz Jack Moran Angela Sonner Bill & Pat Svoboda John Tramposch Therese Wenner



### Every Friday at 11:00 am He's waiting for you!!

#### Norld's Besz **CHURCH** SECRETAR

NEEDED FOR SACRED HEART PARISH 15-HOURS A WEEK Tu, W, F. **IF INTERESTED PLEASE CALL FR. PAUL** 607 652 7170



**Req. Joyce Falcone** 

EN Fasting Praying Almsgiving



Sacrament of Reconciliation: before Mass on Wednesday, during Adoration on Friday at 11:00 a.m. and Saturday at 3:30 p.m.

Stations of the Cross: Every Wednesday after 9:00 a.m. Mass.

Fasting and Abstinence: Good Friday is a day of FAST-**ING and ABSTINENCE** 

The Fridays of Lent are days of **abstinence**.

#### Abstinence

Abstinence is the act of "doing without" or avoiding something. For example, someone may abstain from chocolate or alcohol by not consuming them. Particular days of abstinence during Lent are Fridays, Ash Wednesday and Good Friday. As canon law states, Catholics over the age of 14 are expected to abstain from the eating of meat on Ash Wednesday and all Fridays throughout the Lenten Season (Canon 1250-1253).

During Lent, Catholics are also encouraged to undertake some sort of personal penance or abstinence. Examples include giving up sweets, a favorite TV show or not listening to the radio in the car on the way to work. Giving up these things isn't some sort of endurance test, but these acts are done to draw the faithful closer to Christ.

For example, a person may give up his favorite TV show, but if he simply turns the television to another channel, the Lenten penance really does not mean as much. Instead, the person should consider devoting the spare time to prayer or perhaps his family.

Any act of penance that would seriously hinder one's health or the health of others would be contrary to the will of God.

Fasting

Fasting is the act of "doing with less". In the Catholic Church, those ages 18-59 must fast on Ash Wednesday and Good Friday (Canon 97). On such days, those fasting may eat one full meal, as well as two smaller meals, sufficient to maintain strength.

However, together, the two smaller meals should not equal a full meal.

Eating between meals is not encouraged, but liquids are allowed. It is important to understand that the Church excuses certain people from these obligations. Examples include those who are frail, pregnant or manual laborers. The church understands that certain people are not able to commit to the Lenten Fast.

The time of Lent, through fasting and abstaining, may be an important reminder of what it means to suffer. This small suffering should not be met with misery but with great joy as we better understand the incredible sacrifice that Jesus Christ made for humanity.



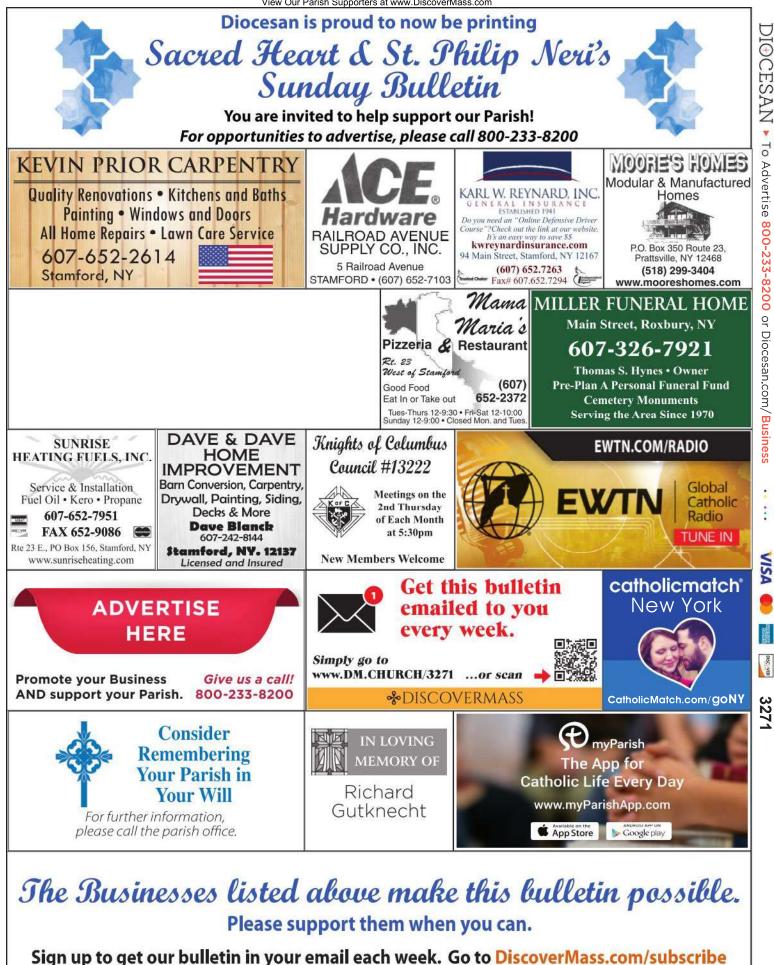
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