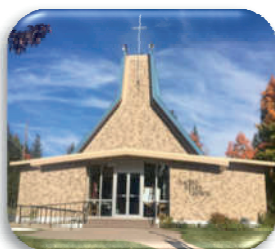


SACRED HEART ROMAN CATHOLIC CHURCH



*Sacred Heart Church
27 Harper Street
Stamford,
NY 12167*



*St. Philip Neri
Mission Church
60676 NY-30,
Grand Gorge,
NY 12474*



FEBRUARY 18TH, 2024 – FIRST SUNDAY OF LENT

RECTORY AND PARISH OFFICE

27 Harper Street
Stamford, NY 12167
(607) 652 – 7170

(TEMPORARY) Office Hours:

Tuesday: 9 am – 12 pm; 1 pm – 5 pm
Wednesday: 10 am – 12 pm; 1 pm – 4 pm
Friday: 1 pm – 4 pm

Visit us: www.sacredheartstamford.org
Parish email: SHStamfo@rcda.org

SACRAMENT OF BAPTISM

Registration: Parents are asked to register at the Parish Office at least two months before the date of Baptism.
Ceremony: Baptisms are celebrated on Saturdays at 4:30 pm.

SACRAMENT OF MATRIMONY

Arrangements for weddings should be made at least six months prior to the marriage.

SACRAMENT OF THE SICK

Please call the Rectory - (607) 652 – 7170

SACRAMENT OF RECONCILIATION

SHC in Stamford - Friday @ 11:00 am &
Saturday @ 3:30 pm
SPN in Grand Gorge - before Sunday Mass
Anytime by appointment.

PRIEST:

Rev. Paul J. Mijas
Emergency *ONLY* - (845) 586 – 2665

SECRETARY: *vacant*

TRUSTEES:

Mrs. Carole Trotta
Mr. Al Martel

FAITH FORMATION DIRECTOR:

Mrs. Joanne McLaughlin - (607) 437-4923

MUSIC MINISTRY:

Mrs. Edie Mesick / SPN - ediemesick@aol.com
Mrs. Marlena Nickerson / SPN - marlena.nickerson@yahoo.com

FOOD PANTRY:

Mrs. Demetra Alberti - (607) 435-0705

MASS SCHEDULE

Weekend Masses:

Saturday 4:30 pm – Sacred Heart Church
Sunday 8:00 am – St. Philip Neri Mission Church

Weekday Masses at Sacred Heart Church:

Wednesday @ 9:00 am & Friday @ 12:00 pm

Adoration of the Blessed Sacrament:

Fridays @ 11:00 am & First Saturday of the month @ 9:00 am

SACRED HEART PARISH MISSION STATEMENT

Our mission is to become an evangelizing community of Christian disciples by growing in our personal relationship with Jesus, by deepening our understanding, enthusiasm and love for the Catholic faith, by increasing our confidence and courage to share the faith with others, and by faithfully living the Gospel in the world.

SACRED HEART PARISH

Sacred Heart Church/Stamford & St. Philip Neri Church/Grand Gorge

Welcome To Our Parish

We are happy that you have joined us today and want you to know that you are always welcome here. If you're new to the area either as a permanent, seasonal, or weekend resident, or even just visiting, we invite you to participate in any of our parish activities or ministries. There is a ministry booklet on our website, and activities are regularly publicized in our bulletin and posted in our churches. We all have unique and valuable gifts and talents with which we can serve God and each other. Welcome!



Mass Schedule

Saturday February 17, 2024

4:30 pm — Mass: Sacred Heart Church

+ Louis Vonbrookdorf, req. Paul & Janet Wenner

Sunday, February 18, 2024

8:00 am — Mass: St. Philip Neri Church

+ Marianne Raso, req. Friends of Marianne

+ Frank Tauss, req. Ron & Martha Tauss

Wednesday, February 21, 2024

9:00 am — Mass: Sacred Heart Church

+ George Falcone, req. Joyce Falcone

Friday, February 23, 2024

12:00 pm — Mass: Sacred Heart Church

+ Josephine Donofrio, req. Estate

Saturday February 24, 2024

4:30 pm — Mass: Sacred Heart Church

+ John Donachie, req. Rosalie O'Connor

Sunday, February 25, 2024

8:00 am — Mass: St. Philip Neri Church

+ Josephine Donofrio, req. Estate

Masses are available for Intention Request, so contact the Rectory with yours!



PARISH SUPPORT

FEBRUARY 10-11, 2024

Stamford: \$ 1,683.00

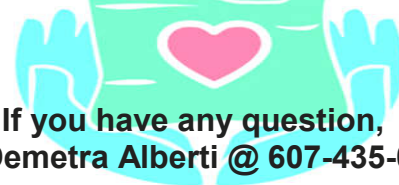
Grand Gorge: \$ 556.00

OUR SECOND COLLECTION TODAY, is for Black, Native American & Latin American Missions

If you would like to receive envelopes for your weekly contribution to our Parish please let us know: (607) 652-7170. Thank you!

The Food Pantry at Sacred Heart Church

Donations of any non-perishable food are greatly appreciated and can be left in the vestibule of the church.

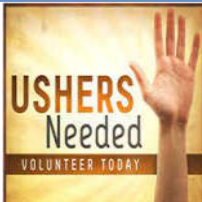


If you have any question, call Demetra Alberti @ 607-435-0705



HELP WANTED

Your parish needs you!



MASS ATTENDANCE FOR LAST SUNDAY

Stamford: 51

Grand Gorge: 44



The Sanctuary Candle (\$20.00) & Bread and Wine (\$15.00) at Sacred Heart & St. Philip Neri are available for dedication, Please contact the Rectory.



LECTOR SCHEDULE

DATE	STAMFORD	GRAND GORGE
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Feb. 17/18	Porter	Ruehle
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Feb. 24/25	P. Wenner	DeJoy
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EM SCHEDULE

Feb. 17/18	Rich	Clark
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Feb. 24/25	Dengler	Martel
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Readings for Next Sunday: Gn 22:1-2, 9-13, 15-18 | Ps 116:10, 15-19 | Rm 8: 31-34 | Mk 9: 2-10

Questions to Ask People Who Call Themselves "Pro-Choice" on Abortion



- Are you happy your mom chose not to abort you?
- Have you ever seen an abortion or read a description of one? (www.LookAtAbortion.org)
- America's founding document, *The Declaration of Independence*, states that all people "are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness."

Do you agree with this, that the right to life is an unalienable right?

- Why do you think everyone is sad to hear about a miscarriage?
- Why do you think doctors fight their hardest to save the life of a baby born prematurely?
- Why do you think countless women suffer unbearable guilt after having an abortion, often consider suicide, and need psychological counseling?
- Many couples who can't have children desperately want to adopt children. But there's a shortage of children to adopt. Typically, couples must pay \$20,000 to \$40,000 to adopt a baby. **What percentage of pregnant women do you think would carry the baby to term if offered \$20,000 or more by a couple who would like to adopt the baby?**
- A normal pregnancy lasts 40 weeks. But a baby's heart starts beating on Day 22. A baby starts kicking and squirming at 7 weeks. A baby can feel pain at 12 weeks, and can recognize her mom's voice at 20 weeks. **At what point do you think this baby becomes a person with a right not to be killed?**
- Babies born prematurely are routinely saved after just 22 weeks in the womb – just a bit more than halfway through a typical pregnancy. **Does it concern you that abortions are allowed after this point?**
- **Elon Musk** and others have pointed out that the United States and Europe are not having enough babies to sustain civilization. The birth rate is well below the population replacement rate. If this trend continues, civilization collapses. **Does this concern you?**



Embryo alive in the uterus
7 weeks following fertilization

- Abortion-on-demand is not permitted after the first trimester in liberal-left European countries, such as Scandinavian countries, **France, Spain, the United Kingdom, or Germany**. In Eastern European countries, abortion is more strictly limited. In **Poland**, abortion is not permitted except in cases of rape, incest, and to protect the life of the mother. But in America, abortion is allowed up until the moment of birth in many Democrat-run states. **Why do you think 90% of even left-leaning Europe doesn't allow abortion-on-demand after the first trimester?**
- If you say you are "pro-choice," what do you think the baby would choose if she could speak: life or death?
- Do you know that Joe Biden and every Democrat in Congress supports abortion-on-demand without any restriction, at any time? What do you think of that?

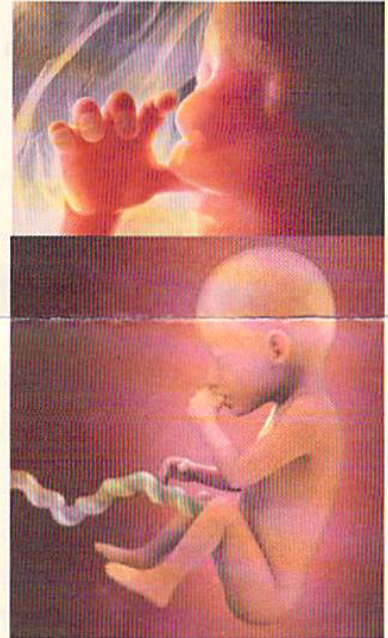
IMPORTANT: Always be calm and polite when discussing this subject with people. The goal is to persuade, not turn people off by being confrontational. We're trying to change hearts and minds. Many people have not thought about these questions. And most people don't know today's Democrat Party supports abortion throughout pregnancy. It's up to share this fact with everyone we know.

FACT SHEET

Key Milestones In the Life of an Unborn Baby

(www.ChildrenBeforeBirth.com)

- Day 1:** Fertilization. All genetic characteristics have been decided. A unique human life begins.
- Week 3:** Baby's heart starts beating with her own blood, and baby's eyes and arms begin to form.
- Week 6:** Baby's hands begin to move.
- Week 7:** More than 1600 new body parts form this week.
- Week 9:** Face, hands and feet now sense and respond to light touch.
- Week 10:** Unique fingerprints begin to form.
- Week 11:** Baby can make complex facial expression.
- Week 12:** Baby has taste buds all over the mouth.
- Week 13:** Heart has beat over 15 million times!
- Week 14:** Mom may be able to feel the baby kicking.
- Week 15:** Many studies conclude that baby can feel pain.
- Week 19:** Movement, breathing and heart rate now begin following daily rhythms. And girl's ovaries now contain their lifetime supply of "eggs."
- Week 20:** If born this week, babies have survival rates as high as 40% with specialized medical help! Also, hearing begins, as does response to sound.
- Week 21:** Rapid eye movements occur, closely resembling those seen in adults and children when dreaming.
- Week 22:** Baby is now one foot tall.
- Week 38:** Baby is ready to be born and take on the world!



Abortion: *"A long curved Mayo scissors may be necessary to decapitate and dismember the fetus..."*
(From the medical textbook *Abortion Practice* – Dr. Warren Hern, p.154)

A CALL TO ACTION: Photocopy this FACT SHEET – hundreds of copies. If you don't have a copier, take this FACT SHEET to Staples, Office Depot, FedEx Office Center, and have them reproduced in large quantities for you to distribute at family gatherings.

Leave stacks of these FACT SHEETS at church for people to pick up and distribute. Put these FACT SHEETS under windshield wipers of parked cars. Put them in neighbors' mailboxes. If you're bold, hand them out to people on the street. Make digital copies to share on social media and via email.

If every pro-life American does their part by copying and distributing this FACT SHEET as widely as possible, we can change hearts and minds on abortion and transform America into a pro-life country – which would be enough to see sweeping pro-life election victories in 2024.

MOST SACRED HEART OF JESUS, HAVE MERCY ON US...



Pray For Me

Mary Jane Butler	Lou DeSimone
Barbara Kersnan	Michael Manz
Jenny (Hults) Marin	Jack Moran
Linda Palm	Brian Pare
Angela Sonner	Joe Stock
Bill & Pat Svoboda	Hank Szypulski
John Trampusch	Mary Tubiolo
Therese Wenner	

ADORATION OF THE BLESSED SACRAMENT



Every Friday at 11:00 am
He's waiting for you!!

Need advice on making your Estate Plans?

Join us for a free seminar on February 22, 2024
At 10:00 a.m. at Siena College:

- Paul Macari, Esq., Estate Attorney
Protecting your assets and creating a legacy for your family
- Navigating Death Care Options
- Access to computers to use the FreeWill tool to create or update your will. *Volunteers will be available to assist!*



QR code to Estate
Planning Checklist &
information needed



Albany Diocesan
Cemeteries
A Tradition of Faith

Space is limited so RSVP today!

stewardship@rcda.org or (518)453-6680

*Event location & parking details will
be provided when you reserve your seat.



LENT at Sacred Heart

Sacrament of Reconciliation: before Mass on Wednesday, during Adoration on Friday at 11:00 a.m. and Saturday at 3:30 p.m.

Stations of the Cross: Every Wednesday after 9:00 a.m. Mass.

Fasting and Abstinence: Good Friday is a day of **FAST-ING and ABSTINENCE**
The Fridays of Lent are days of **abstinence**.

Abstinence

Abstinence is the act of "doing without" or avoiding something. For example, someone may abstain from chocolate or alcohol by not consuming them. Particular days of abstinence during Lent are Fridays, Ash Wednesday and Good Friday. As canon law states, Catholics over the age of 14 are expected to abstain from the eating of meat on Ash Wednesday and all Fridays throughout the Lenten Season (Canon 1250-1253).

During Lent, Catholics are also encouraged to undertake some sort of personal penance or abstinence. Examples include giving up sweets, a favorite TV show or not listening to the radio in the car on the way to work. Giving up these things isn't some sort of endurance test, but these acts are done to draw the faithful closer to Christ.

For example, a person may give up his favorite TV show, but if he simply turns the television to another channel, the Lenten penance really does not mean as much. Instead, the person should consider devoting the spare time to prayer or perhaps his family. Any act of penance that would seriously hinder one's health or the health of others would be contrary to the will of God.

Fasting

Fasting is the act of "doing with less". In the Catholic Church, those ages 18-59 must fast on Ash Wednesday and Good Friday (Canon 97). On such days, those fasting may eat one full meal, as well as two smaller meals, sufficient to maintain strength. However, together, the two smaller meals should not equal a full meal.

Eating between meals is not encouraged, but liquids are allowed. It is important to understand that the Church excuses certain people from these obligations. Examples include those who are frail, pregnant or manual laborers. The church understands that certain people are not able to commit to the Lenten Fast.

The time of Lent, through fasting and abstaining, may be an important reminder of what it means to suffer. This small suffering should not be met with misery but with great joy as we better understand the incredible sacrifice that Jesus Christ made for humanity.



**Diocesan
Appeal**

**Our Parish Goal
for
2023-2024
\$ 21,467**



Diocesan is proud to now be printing *Sacred Heart & St. Philip Neri's Sunday Bulletin*



You are invited to help support our Parish!
For opportunities to advertise, please call 800-233-8200

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